

Prosthodontic Times

YOUR SMILE SAYS IT ALL

Volume 1, Issue 3

A New Look For Silvaggio Prosthodontics

In December 2012 Silvaggio Prosthodontics celebrated our 8th anniversary. In addition I finalized the purchase of the suite where we are located. We are excited to announce that we will be renovating our practice to make it an even better place for you to visit. We hope within the next year or two that we will have a new and updated look for our office.

While change can be both unsettling and exciting, let me assure you that every decision I make is with a desire to create a warm and friendly environment that provides uncompromising quality of care. My goal remains the same; from the moment you walk through our office door, all of us want you to feel welcome and confident with your decision to have us provide you with your dental treatment. We are a smaller, specialty practice which allows us the opportunity to take a more personal approach. We focus on providing exceptional results specifically for all of your cosmetic, restorative and implant dental needs. The new design of the office will allow us to enhance what we already do well and make it an even better experience for you.

Throughout the renovations, you can expect that we will continue to provide the highest level of dental care for your individual needs. We will never rush you through your visit or have you waste your valuable time sitting in our waiting room. We will remain committed to giving you the attention you need and we will continue to provide uncompromising customer service. We want you to look forward to your appointments and to feel good about coming to see us. The highest compliment I receive is when you recommend me and my staff to your friends and family.

We are only in the preliminary planning stage right now, but for those who are savvy with social media, and like to stay informed on our progress, we will provide occasional updates on our Facebook page. Speaking of Facebook, don't forget to become a fan of Silvaggio Prosthodontics the next time you log on. On our Facebook page, you'll find some great tips, different discount offers, as well as interesting updates on what my staff and I are doing outside of work. If you haven't checked it out, you should do so today.

I look forward to seeing all of you in 2013.

Sincerely,

Dr. Christian Silvaggio

Special points of interest:

- CONGRATULATIONS TO KATHY S. SHE WAS THE WINNER OF OUR FAVORITE THINGS HOLIDAY BASKET.
- MARCH 21ST ROXANN'S BIRTHDAY
- APRIL 7-13, 2013 NATIONAL PROSTHODONTICS AWARENESS WEEK.
- DID YOU KNOW THAT YOU SHOULD REPLACE YOUR TOOTHBRUSH AFTER YOU GET A COLD OR FLU? MENTION YOU SAW THIS IN OUR NEWSLETTER AND WE'LL GIVE YOU AN EXTRA TOOTHBRUSH AT YOUR NEXT VIST.

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Prosthodontic Times

Do you Suffer from Jaw Pain?

WHILE WE
DON'T KNOW
FOR CERTAIN,
SOME
ESTIMATES
SUGGEST THAT
OVER 10
MILLION
AMERICANS
SUFFER FROM
TMJ.

Place your fingers in front of your ears and open your mouth to feel your TMJ. The temporomandibular joint, also known as TMJ, connects the condyle of the lower jaw (mandible) with a socket (fossa) of the temporal bone on the side of the head. These joints allow the jaw to smoothly move up and down and side to side, allowing us to talk, chew and yawn. Muscles attached to the TMJ control its position and movement. A soft disc lies between the mandibular condyle and the temporal bone and absorbs shock to the jaw joint. Pain in the chewing muscles or jaw joint is the most common symptom of TMJ/TMD issues. You also may experience radiating pain in the face, jaw or neck; jaw muscle stiffness; limited movement or locking of the jaw; painful clicking, popping or grating in the jaw joint during movement; or a change in your bite.

But you do not have to live with jaw pain, there are options available for you. TMJ/TMD pain may be relieved by eating soft foods; applying ice packs when pain occurs; avoiding extreme jaw movements including wide yawning, loud singing and gum chewing. Since TMJ/TMD is often associated with stress and/or cramps in the chewing muscles, techniques to reduce stress and practicing gentle jaw stretching and relaxing exercises to increase jaw movement may be helpful. Short-term use of common pain medicines may provide temporary relief from TMJ/TMD pain.

Depending on your history and symptoms Dr. Silvaggio may recommend an oral appliance such as a stabilization splint or a bite guard to treat your TMJ/TMD. He would make a custom-made plastic device that fits over your upper or lower teeth. Stabilization splints are the most common treatments for TMJ/TMD pain and dysfunction and many find relief from their pain with the use of them. If you have any questions, or want further information on how we can help you, please contact our office.

Staff Spotlight: Cathy Wolgemuth Dental Assistant



With almost 25 years of experience as a Dental Assistant in Prosthodontics at the same location, you can be assured that you are in extremely capable hands when you work with Cathy. A native of Lancaster County, Cathy's main responsibilities are preparing the operatories and assisting Dr. Silvaggio. Cathy, along with Kim, have both been with Dr. Silvaggio since he opened his practice in 2004. Cathy's engaging smile, infectious laugh and warm disposition can put even the most apprehensive patient at ease. Cathy is married to Greg and has one son, one stepson and one grandson. Whether she's riding on their motorcycle or hanging out at their cabin with their dog, Kosh, Cathy and her husband Greg find great joy in spending time in the outdoors with her beautiful, busy family.

Patient Testimonial

"I was just shy of ten years-old when a family dentist told my parents what the X-rays revealed - I was missing thirteen permanent teeth. As my elementary school friends were putting baby teeth under their pillows, I was waiting for mine to fall out. "They won't fall out on their own", the dentist told my parents, "because there are no permanent teeth behind them."

I was always conscious of my teeth. In a small town in New Jersey, a dentist and an orthodontist teamed up to devise an innovative plan to utilize the teeth I had to recreate as normal a palate as possible. After being fitted for a palate expander with full braces and headgear, molds and X-rays were taken and thoroughly examined. Baby teeth were extracted, permanent teeth were moved forward, bridges were inserted, and after years of dental visits and exams, I finally had "teeth".

Those teeth would last me almost twenty years, but by the time I moved to Lancaster, over five dentists had tried to no avail to alleviate some of the pain I was experiencing due to an uneven bite with deteriorating bridges. The constant and ever-present pain in my jaw had worsened over the course of a ten-year period, and when my general dentist suggested I visit yet another dentist, a Prosthodontist by the name of Dr. Christian Silvaggio, I was less than optimistic.

During the initial consultation, Dr. Silvaggio assured me that he would uncover the cause of my jaw pain and alleviate it. "For ten years I have suffered," I explained, "and for all my life, I have had dental issues." He continued to listen as I explained that my mouth, my bite, my teeth would be a "challenge," and he repeatedly assured me of his commitment to resolve my pain, while his office staff echoed those same beliefs. "He will fix your teeth," they told me. "He is committed to that."

I can still recall my visit to Dr. Silvaggio's office when he removed my aging and dilapidated bridges. I had never seen myself without those "teeth", those bridges, and I asked him for a mirror. As I looked into the mirror, horrified and saddened, tears streamed down my face. At that moment, I knew how committed Dr. Silvaggio was to his resolve in alleviating my pain because he sat beside me wiping the tears away. Such a compassionate doctor, committed and thorough, with patience and perseverance, Dr. Silvaggio set out to recreate a smile he had never seen, a smile that I had never known.

And my smile says it all. I am a wife and a mother of four, an author and story-teller. I am a church member, a Secular Franciscan, and my children's teacher. I am busy and on the go, and I smile. I smile because I now live without that ever-present pain in my jaw. I smile because I am happy and confident. I smile because of a caring and compassionate prosthodontist who was committed to his patient and his oath. But, truly I smile because I have been blessed. I've been blessed by God, who sent me to Dr. Christian Silvaggio, so that I can smile with confidence and without pain.

Thanks to Dr. Silvaggio, My Smile Says It All.
Submitted by Kelly Ann Lynch, Landisville, PA



This photo of Kelly Ann was taken at Steinman Park by Nick Gould and is featured in some of our print advertising.

"he repeatedly assured me of his commitment to resolve my pain, while his office staff echoed those same beliefs."

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What Is A “Smile Makeover”?



Many patients are unhappy with the appearance of their teeth and want a “smile makeover.” Often patients want “perfect” bright white teeth, but this type of smile makeover usually looks artificial and unnatural. What I find is that usually people want to enhance their smile but retain a natural healthy appearance. I completed my advanced training in the restoration of teeth to their natural form, color and function, and the ADA recognizes Prosthodontists as specialists in this field. As a Board Certified Prosthodontist, I have the experience and training to give you a beautiful, natural smile makeover. During your visit, I’d be happy to discuss with you all of the cosmetic and restorative options that would work best for your needs. I’m a specialist trained in using dental veneers, bonding, tooth bleaching, crowns/caps and implants and you can be confident that I will give you the smile you desire. In fact, quite often just by getting your teeth fixed, you’ll find that you can take years off your appearance. To learn more, visit our website www.SilvaggioProsthodontics.com or call our office at 717-393-0550.

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