# Prosthodontic Times

### YOUR SMILE SAYS IT ALL

Volume 1, Issue 2

#### A Different Kind of Dental Practice

When I first purchased this practice in December 2004, I knew immediately what I wanted to change first. I wanted to create a different kind of dental practice. I never liked walking into a "typical" dental/medical office and seeing a line of chairs circling the waiting room. In my practice, I wanted to create a more relaxing family room feel with couches and comfortable chairs. I put myself in the shoes of family members, and if I had to wait for someone to get dental work completed, then I'd like to be sitting in a comfortable chair with a drink, magazine and maybe a warm cookie. So, when you enter Silvaggio Prosthodontics, that's what you will get and more.

Some of you probably noticed that the large teal filing cabinets in the check-out area are missing. We moved them into storage because I was one of the early adopters of going paperless. Our computerized patient database improves our communication within our office as well as with other specialists and dental practices, thereby providing you with better care. We know exactly what happened at your previous appointment because we no longer have to waste time trying to decipher each other's handwriting.

In addition, a couple of years ago I switched to digital X-rays in order to provide you with instant results. Not only can I show you immediately what your mouth looks like, but we can enlarge the size of the images on the computer screen in order for you to better understand the needs of your mouth. One of the best benefits for you is that I can send the results electronically to anyone else involved in your dental treatment plan. This helps to ensure you that everyone involved with your dental care is fully informed at every stage of your treatment.

You'll find that every decision I make is with a desire to create a warm and friendly environment that provides uncompromising quality of care. All of us at Silvaggio Prosthodontics have the same goal for you. From the moment you walk into our office, you and your family will feel welcomed and part of a team. We are a specialized practice committed to meeting your individual dental needs. You will be treated by everyone in a professional and personal way. It's all of the little things put together that I hope demonstrates to you a different kind of dental practice; one that you're proud to tell your friends about. As I said in our first newsletter, I truly love my job and it's because of all of you that I get to do what I love. I look forward to many more years of working together.

Sincerely,

Dr. Christian Silvaggio

## Special points of interest:

- NOV 9TH SENIOR EXPO AT LANCASTER HOST RESORT
- DECEMBER 1 CATHY'S BIRTH-DAY
- DECEMBER 7 KIM V.'S BIRTHDAY
- WE WILL CONTINUE TO
   HAVE MONTHLY GIVE AWAYS, GOOD LUCK AND
   CONGRATULATIONS TO ALL
   OF THE WINNERS IN 2010!

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# Prosthodontic Times

#### What Does It Mean To Be A Board-Certified Prosthodontist?

Only 30% of Prosthodontists undergo the rigorous requirements to become Board-Certified. In order to become Board-Certified, Dr. Silvaggio successfully completed extensive examinations administered by the American Board of Prosthodontics. In 2007, he successfully completed all four parts including: written and oral examinations in Prosthodontic theory and literature; presentation of three different patient treatments documented from beginning to end of treatment; and examinations regarding the rationale of this treatment. As a Diplomate of the American Board of Prosthodontics, Dr. Silvaggio must complete a re-certification examination every eight years.

Board-certification assures you that you are receiving treatment from the most experienced dental professionals in this field. Dr. Silvaggio is a dental specialist uniquely qualified to not only restore the appearance of your smile, but also has the ability to help you regain optimum function of your teeth. At this time, Dr. Silvaggio is the only Board-Certified private practice Prosthodontist currently practicing in Lancaster county.

# Snoring? It May Be More Than Just A Nuisance.

The National Institute of Health estimates that more than 12 million people nationwide suffer from Sleep Apnea. It is caused by a closure of the airway during sleep resulting in lack of oxygen to the brain. Carbon Dioxide builds up in the blood stimulating the body to awaken during deep sleep. Sleep apnea can only be diagnosed with a sleep study that monitors blood oxygen levels and records the number of hypoxic (decrease in oxygen to body) and apnic (complete loss of breathing) events during a sleep period. Symptoms of sleep apnea include: restless sleeping and awakening often, tiredness during the day and snoring (although snoring is a potential indicator it is not a definitive symptom). Significant and prolonged sufferers of sleep apnea are more prone to cardiovascular disease, high blood pressure, heart attacks, memory problems, weight gain, impotency and headaches. The standard treatment is use of a CPAP machine that is worn during sleep forcing air into the lungs. Although this is an effective treatment, many have difficulty with prolonged use because the machine is a nuisance to wear and is noisy.

An oral appliance, which is custom made by your dentist, is an alternative to the CPAP. The oral appliance advances the lower jaw which opens the obstructed airway. Dr. Silvaggio recommends the TAP ® (Thornton Adjustable Positioner) appliance because it allows advancement of the lower jaw beyond the body's natural ability and can be adjusted over time. The effectiveness of an oral appliance is dependent on the severity of sleep apnea and should be approved by your medical doctor following sleep studies. As the use of an oral appliance can cause bite changes to occur, close monitoring by your dentist is a necessity.

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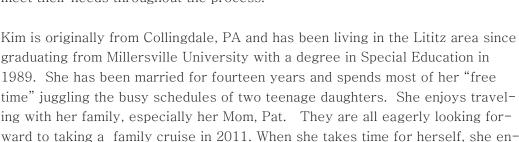
NATIONWIDE.

## Staff Spotlight:

# Kim Jones

## **Dental Assistant**

As a Dental Assistant for Dr. Silvaggio, Kim's main responsibilities are preparing the operatories and assisting Dr. Silvaggio with dental procedures. Kim has been a dental assistant for twenty years and has been with Dr. Silvaggio since he opened his practice in 2004. She enjoys keeping her patients comfortable and well-educated during their dental procedures. Kim is an excellent team player who often helps in other areas of the office whenever the need arises. "The most rewarding aspect of my job is seeing the patient's response when they get the smile they have always wanted, and I'm glad to have played a role in helping meet their needs throughout the process."



## Patient Testimonial

joys reading, gardening, home improvement and jogging.

"I had the greatest experience at Dr. Silvaggio's office! He and his staff were always pleasant, professional and made me feel like I had been going there for years. It took me a long time to find a Prosthodontist that I felt comfortable with and completely understood my needs. I found that instantly with Dr. Silvaggio and therefore drove fifty miles each way for my appointments. It was 100% worth it and I couldn't be happier with my smile. Thanks for everything!" –Ashley

# Patient Spotlight



Donna and her sons, Cody and Joey's beautiful smiles were captured downtown in Steinman Park by Nick Gould Photographers. This picture will be featured in a future advertisement.



Kim and her family enjoying a night out together.

"He and his staff were always pleasant, professional and made me feel like I had been going there for years."





# From the desk of Dr. Silvaggio

I want to thank everyone who agreed to get their picture taken for our advertisements. I am indebted to your support and kindness. Just recently, my staff and I had our own photo shoot with Nick Gould. While Nick did his best to make me comfortable with the process, it took me awhile to relax. Usually when I get my picture taken, I am posing with my wife or my children, so on a beautiful Friday afternoon in June, I found myself stepping out of my comfort zone by getting my picture taken for our website. It actually turned out to be a lot of fun, and that's what many of you have also said about your photo shoot experiences. All of the photos taken of our patients are amazing. A special thank you to Nick Gould and Jeremy Hess, two Lancaster-based photographers we hired to capture some beautiful pictures that you can see on our website and advertisements. If anyone else is interested in being in future advertising opportunities, please contact our office manager, Kim VanConia and she can provide you with the details. Thanks again for all of your support, it's been a wonderful six years in practice and I look forward to many more years serving as your dental specialist.

# www.lancaster-implant-dentist.com

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